

Original Research Article

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Efficacy of Probiotics in Water Quality and Bacterial Biochemical Characterization of Fish Ponds

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The present study was aimed to know the efficacy of probiotics in bacteria biochemical characterization (*Nitrosomonas* and *Nitrobacter* species) and pathogenic bacteria (*Pseudomonas* species) were analysed water quality in fish treated with pond probiotics. Two types of commercial probiotics were used i.e., Aqua gut (fish) as feed probiotic-treatment-2 and Nitro-PS+ Micro-Pro (fish) as soil and water probiotics treatment-3 (manufactured by Asian Bio Tech, Hyderabad, Andhra Pradesh, India). The fishponds stocked with catla (*Catla catla*), rohu (*Labeo rohita*) and grass carp (*Ctenopharyngodon idella*) were selected and are designated as control pond (T1), Treatment-2 and Treatment-3. Treatment 2 and 3 were treated with probiotics control pond without probiotic. The present study revealed that the use of probiotics in experimental pond the beneficial bacteria load ((*Nitrosomonas* and *Nitrobacter* species) is drastically increased but decreased the level of pathogenic *Pseudomonas* species. The isolated probiotic bacteria was identified by morphology and biochemical characterization.

Introduction

In large-scale production facilities, aquatic animals are exposed to stressful conditions. The increased intensity of aquaculture has led to high number of disease outbreak with an increasing range of pathogens as a result in serious economic losses. (Verma and Gupta, 2015). Probiotics diminish the growth of pathogens and increase the growth of beneficial bacteria, leading to, improved water quality and healthier fish or prawn (Ninawe and Selvin, 2009; Chen and Hu, 2011). In aquaculture, water probiotics improve the quality of water and the pond

bottom sediment thereby creating a stress free environment for the animal and thus improves its health (Moriarty *et al.*, 2005). Feed probiotics keep the aquatic animals healthy in terms of weight, size and nutrition. In addition probiotics also protect the aquatic animals from different microorganisms and their virulence can also be controlled (Verchuere *et al.*, 2000).

The researchers have been attempting to isolate beneficial bacteria from various sources like soil, water and animal gut to

control disease causing pathogens in aquaculture systems (Austin and Day, 1990; Munro *et al.*, 1995; Gomez-Gil *et al.*, 2000; Ahmed *et al.*, 2005; Kim *et al.*, 2007 and Bestha Lakshmi *et al.*, 2013). The recent attempt being made in the use of probiotic bacteria in aquaculture to improve water quality by balancing bacterial population in water and reducing pathogenic bacterial load. The present investigation was aimed to study the changes in water quality, bacteria load and biochemical characterization of bacterial isolates from water samples of Machilipatnam area in probiotic treated ponds and to compare the results with those of the untreated pond.

Materials and Methods

Fishponds

For the present study, the investigations were conducted from August 2012 to July 2013 in the culture ponds at Machilipatnam in Krishna District, Andhra Pradesh, India. The experimental ponds with water spread area of 2.5ha having depth of 1.5 m were chosen for this study. These three ponds are rectangular in shape having buds with coconut trees. All ponds are equal in size. The supplementary feed having 27.9% crude protein including, ground nut oil cake, rice bran, coconut oil cake, dry fish, vitamin and minerals premix. Then the ponds were applied with inorganic fertilizers, poultry manure and triple super phosphate at the rate of 8 and 15 kg/ha respectively.

Probiotics

In the present investigation two types of commercial probiotics were used i.e., Aqua gut (fish) as feed probiotic-treatment-2 and Nitro-PS+ Micro-Pro (fish) as soil and water probiotics treatment-3 (manufactured by Asian Bio Tech, Hyderabad, Andhra Pradesh, India).

Stocking of fish species in experimental ponds

Two weeks after manuring, each pond was stocked with catla (*Catla catla*), rohu (*Labeo rohita*) and grass carp (*Ctenopharyngodon idella*) in the ratio 4:6:1. The average body weight was recorded at the time of stocking.

Water samples

The present investigation, physico-chemical parameters of water and plankton were studied at fortnight intervals by collecting water sample in between 9 and 10 a.m. The physico-chemical parameters such as temperature, transparency, dissolved oxygen, pH, nitrite, nitrate, ammonia, phosphorus and iron of water were estimated by following the methods suggested in APHA (1999).

Bacteriological analysis

The water samples were collected from probiotics-treated and control ponds in well cleaned, derived and sterile bottles. These bottles were sterilized at 121°C under pressure of 15 lbs for 15 minutes. Column water samples were collected for the analysis if *Pseudomonas* and *E. coli*. Whereas bottom waters for *Nitrosomonas*, *Nitrobacter*, after collection 1 ml of the sample was transferred to sterile conical flask (150 ml) containing 99 ml of sterile diluents and serial dilution was performed to get 10^{-1} , 10^{-2} , 10^{-3} , 10^{-4} and 10^{-5} samples. *Nitrosomonas* species was enumerated by using Winogradsky medium phase-1 medium. Whereas *Nitrobacter* species was enumerated by using Winogradsky medium phase-2 medium. From the diluents 0.1 ml of the sample was inoculated into the medium containing petri plates and were incubated at $28\pm2^\circ\text{C}$ for 48 h. *Pseudomonas* species was enumerated by using *Pseudomonas* base medium (Hi-media,

Mumbai) In these plates, 0.1 ml of the sample was inoculated and incubated at 37°C for 24h. After the incubation, the colonies were counted and expressed as cfu/ml (colony forming unit/ml) for water sample.

Identifications of the organisms

The isolated probiotic bacterium was identified by morphology and biochemical characterization methods.

Morphological characterization

Morphology and culture characteristics such as shape, color, size, edge elevation, transparency and surface texture. To identify the selected bacterial isolates to genus or species, the purified isolates were subjected to observe the cell shape, motility, flagellation, spores and encapsulation and Gram staining.

Biochemical characterization

The isolates were then subjected to biochemical tests (Indole, methyl red, voges-proskauer, citrate utilization, hydrogen sulfide, starch hydrolysis, oxidase and catalase) following biochemical tests were carried out according to the method described by Cappuccino and Sherman (1996) and Bergey's manual (Holt *et al.*, 1994)

Simple staining

For simple staining, the bacterial smears were treated with crystal violet (60 seconds) and rinsed with distilled water. Then smears were air dried and observed under microscope.

Gram staining

A thin smear of the isolate was made on a clean glass slide and heat fixed. Then the

smear was stained with crystal violet for 1 minute and then washed with water, gram's iodine was added for 1 minute and decolorized with alcohol. After decolorization the smear was counter stained with saffranin for 1 minute. Finally the smear was washed with water and air dried. Then the slide was observed under the microscope.

Indole Production test

One percentage peptone broth was prepared, sterilized and incubated with the isolated colonies and incubated at 37°C for 48h. After incubation 1ml of Kovac's reagent was added and gently shaken. The results were observed after allowing the tubes to stand. A cherry red ring indicates the positive reaction.

Methyl Red Test

MR-VP broth was prepared, sterilized and incubated with the isolates, 5 drops of methyl red indicator was added and the tubes were observed for a color to red that indicates a positive reaction.

Voges-Proskauer Test

MR- VP broth was prepared sterilized and incubated with the isolated, incubated at 37 for 48 hr. After incubation few drops of Barritt's reagent B and A were added and the result noted. Development of crimson to pink color indicates a positive reaction incubated with the isolates, incubated at 37 for 48 hr.

Citrate Utilization Test

Simmon's citrate agar medium was prepared, sterilized and transferred aseptically to the test tubes and slat was prepared. The isolated colonies were streaked on the surface of the slat and

incubated at 37°C for 24 hours. A change in green color to Prussian blue indicates the positive results

Starch Hydrolysis test

Starch agar medium was prepared and transferred aseptically into sterile petridish. The isolated colonies were streaked on starch agar plates and incubated at 37°C for 48hr. the plates were flooded with Gram's Iodine. Amylase production was indicated by colorless zone surrounded by bacteria and rest of the plate appeared purple.

Oxidase test

A drop of 1% Kavac's regent after a loop and pick a well- isolated colony from a fresh (18 to 24 hour culture) bacterial plate and rub on to treated filter paper. Color changes

to dark purple or blue after 30s to 1min is an evidence that the result is positive.

Catalase Test

A clean glass slide was taken and a drop of culture suspension was placed on the glide. To the culture few drop of hydrogen peroxide was added. A positive reaction indicates the release of air bubbles from the suspension

Results and Discussion

Probiotic bacteria are also known to upgrade the water quality in many ways. The probiotics entertained a major role in maintain optimum water quality indices especially dissolved oxygen, ammonia, nitrite, nitrate and phosphates thought the culture period.

Table.1 Physico-chemical parameters of water (Mean ± SD and Ranges) in three treatments

| Physico-chemical parameters | Control (T1) | | Treatment-2 | | Treatment-3 | |
|-----------------------------|--------------|-----------|-------------|-----------|-------------|-----------|
| | Mean±SD | Range | Mean±SD | Range | Mean±SD | Range |
| Water temperature (°C) | 28.63±1.58 | 25.5-30.5 | 28.21±2.24 | 25.0-31.5 | 28.25±1.95 | 25.0-31.5 |
| Transparency(cm) | 35.25±5.33 | 29.0-45.0 | 33.17±3.27 | 28.0-40.0 | 32.08±3.26 | 28.0-40.0 |
| Dissolved oxygen(mg/L) | 5.48±0.47 | 4.8-6.2 | 5.30±0.72 | 4.2-6.2 | 5.88±0.45 | 5.0-6.4 |
| pH | 8.12±0.44 | 7.2-8.6 | 8.32±0.27 | 8.0-8.6 | 8.29±0.25 | 8.0-8.6 |
| Ammonia (mg/L) | 0.52±0.07 | 0.44-0.64 | 0.40±0.06 | 0.27-0.46 | 0.35±0.06 | 0.26-0.49 |
| Nitrite(mg/L) | 0.07±0.02 | 0.01-0.09 | 0.06±0.02 | 0.02-0.07 | 0.04±0.02 | 0.01-0.07 |
| Nitrate(mg/L) | 0.23±0.07 | 0.12-0.36 | 0.31±0.10 | 0.12-0.47 | 0.49±0.06 | 0.41-0.60 |
| Orthophosphate(mg/L) | 0.59±0.10 | 0.42-0.75 | 0.14±0.08 | 0.29-0.56 | 0.47±0.09 | 0.32-0.59 |
| Iron(mg/L) | 0.37±0.06 | 0.28-0.51 | 0.27±0.05 | 0.21-0.35 | 0.32±0.07 | 0.21-0.41 |

Table.2 Biochemical tests conducted for identification of bacteria isolated in three treatments

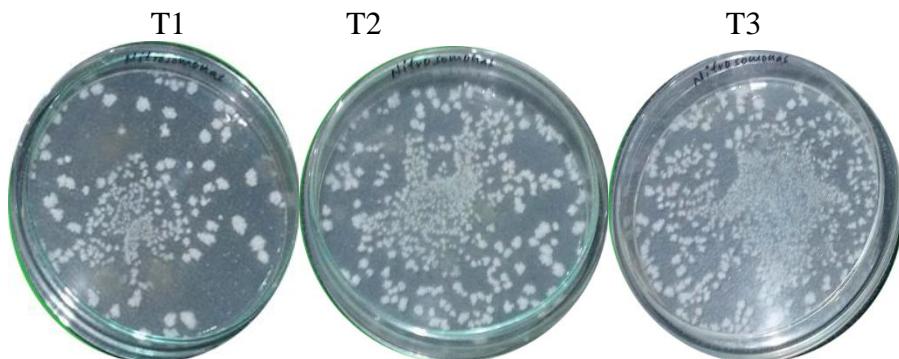
| Biochemical tests | <i>Nitrosomonas</i> sp | | | <i>Nitrobacter</i> sp | | |
|-----------------------|------------------------|--------|--------|-----------------------|--------|--------|
| | T1 | T2 | T3 | T1 | T2 | T3 |
| Indole test | - | - | - | - | - | - |
| Methyl red test | + | + | + | + | + | + |
| Hydrogen sulfide test | + | + | + | + | + | + |
| Oxidase test | + | + | + | + | + | + |
| Gram staining | +/rods | +/rods | +/rods | +/rods | +/rods | +/rods |

Table.3 Biochemical tests conducted for identification of bacteria isolated in three treatments

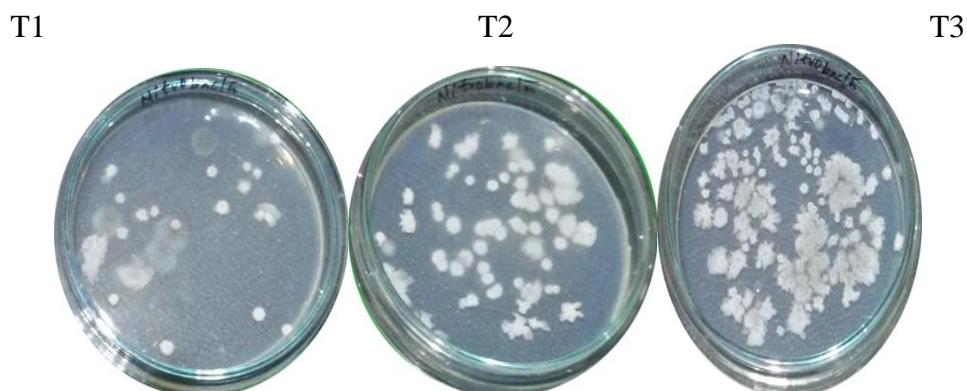
| Biochemical tests | <i>Pseudomonas</i> sp | | |
|------------------------------|-----------------------|--------|--------|
| | T1 | T2 | T3 |
| Indole test | - | - | - |
| Methyl red test | - | - | - |
| Voges-Proskauer test | - | - | - |
| Citrate utilization test | + | + | + |
| Carbohydrate metabolism test | - | - | - |
| Gelatin hydrolysis test | + | + | + |
| Hydrogen sulfide test | + | + | + |
| Urease test | - | - | - |
| Starch hydrolysis test | - | - | - |
| Oxidase test | - | - | - |
| Catalase | + | + | + |
| Gram staining | +/rods | +/rods | +/rods |

Fig.1 Bacterial population in T1, T2 and T3

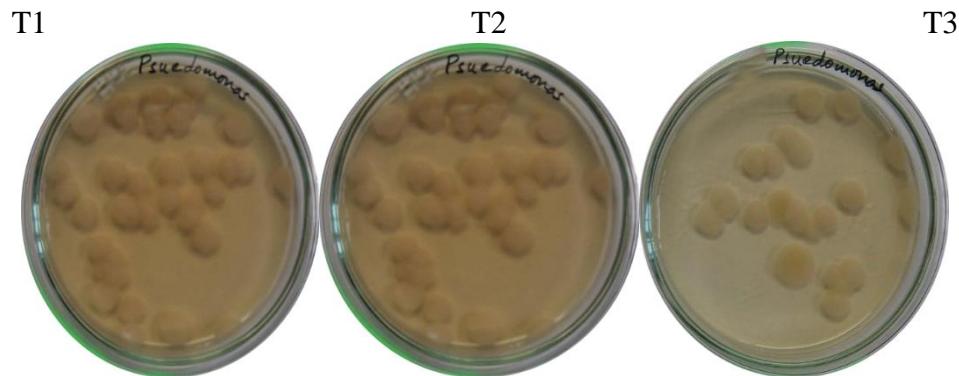
a. *Nitrosomonas* population



b. *Nitrobacter* population



c. *Pseudomonas* population



It is obvious from the bacterial load data that the *Nitrosomonas* and *Nitrobacter* species were hegemonized and suppresses the *Pseudomonas* sp. in the probiotic treated ponds when compared to the control pond (Fernandez *et al.*, 2011). As a result of probiotic activity, water quality improved and reduce the organic matter load. Nitrifying bacteria also reduced, which lead to good water quality. In the present study, *Nitrosomonas* and *Nitrobacter* loads in T2, T3 and control ponds ranged respectively from 2.96×10^4 to 4.58×10^4 cfu/ml, 2.89×10^4 to 5.62×10^4 cfu/ml and 1.20×10^4 to 2.0×10^4 cfu/ml and 2.80×10^4 to 3.72×10^4 , 2.56×10^4 to 5.50×10^4 and 1.76×10^4 to 1.0×10^4 . As the T1 and T2 is treated with probiotics having *Nitrosomonas* and *Nitrobacter* species, their abundance in these ponds can be explained. These bacterial loads were also observed to be gradually increasing by the end of the culture period. As these bacteria are known to convert ammonia to nitrite and then to nitrate, low levels of ammonia and nitrite observed (Table 1) in T2 and T3 compared to control pond can be supported.

Fish diseases are one of the major problems in the fish farming industry. Freshwater fish in Indian ponds commonly suffer from bacterial diseases such as various kinds of skin ulcerations including the most dreaded Epizootic ulcerative syndrome (EUS),

albinoderma, erythroderma, tail and fin rot and hemorrhagic septicemia, primarily caused by *Aeromonasspp.* and *Pseudomonas* spp. (Das, 2004). Pond fertilization using high amounts of animal wastes are known to have caused noticeable harm to the environment (Quines, 1998), by proliferating the growth of pathogenic bacteria like *Aeromonasspp.* and *Pseudomonas* species. in the water body (Hojovec, 1977; Sugita *et al.* 1985; Jinyiet *al.* 1987). In the present study, *Pseudomonas* loads in T2 and T3 ranged from 1.05×10^5 to 2.75×10^5 cfu/ml and 1.01×10^5 to 2.90×10^5 cfu/ml and in control pond from 3.20×10^5 to 7.56×10^5 cfu/ml. It was observed that *Pseudomonas* loads showed changing patterns from sampling to sampling with decreasing trend to the end of the culture period. Even though vaccines are being developed and marketed, they cannot be used as a universal disease control measure in aquaculture. The use of antibiotics to cure bacterial infection and prevent fish mortality in aquaculture is becoming limited as pathogens develop resistance to the drugs (Gonzalez *et al.*, 2000)

The result of biochemical characterization of the bacterial isolates. Three bacterial isolates were obtained from samples collected and analyzed (water). In biochemical analyses

carried out on the isolates, the probable identity of each genera include: *Nitosomonas* species was gram negative rod, methyl red positive, oxidase positive, hydrogen sulfide positive and indole negative. *Nitrobacter* species was gram negative rod, methyl red positive, oxidase positive, hydrogen sulfide positive and indole negative. *Pseudomonas* species was gram negative rod, voges-proskauer negative, indole negative, methyl red negative and catalase positive. The probably identity of isolates are *Nitosomonas* species, *Nitrobacter* species and *Pseudomonas* species with reference to Bergey's manual of determinative bacteriology.

In conclusion, the probiotics played a major role in maintaining water quality parameters and bacterial load data that the *Nitrosomonas* and *Nitrobacter* species were dominated and suppressed the *Pseudomonas* species in the probiotic used ponds when compared to the control pond. The isolated probiotic bacteria was identified by morphology and biochemical characterization.

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